

Inspirational questions

**1. Imagine! You have 20 million Euros.
What would you do and how would you spend your time now?**

Today

Tomorrow

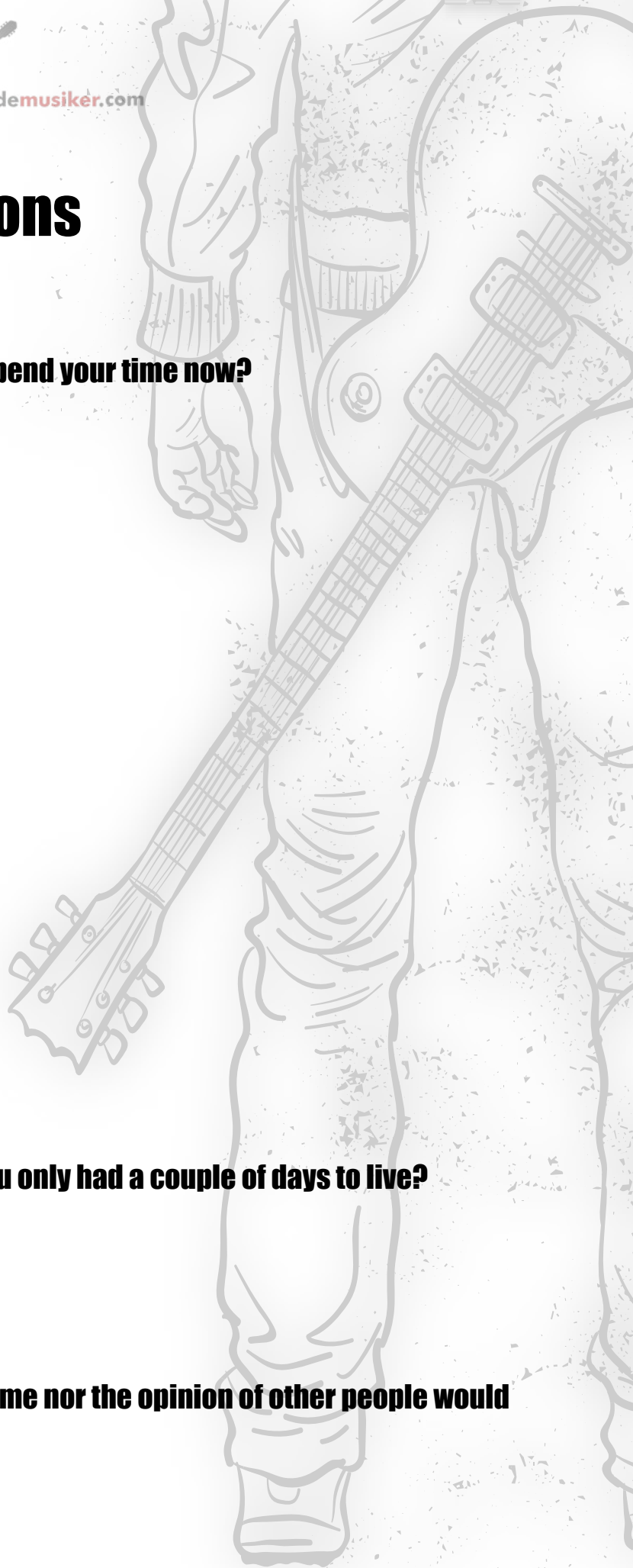
in the next week

in the next six months

in the next seven years

2. What would you do, if you knew that you only had a couple of days to live?

3. What would you do, if neither money, time nor the opinion of other people would matter?



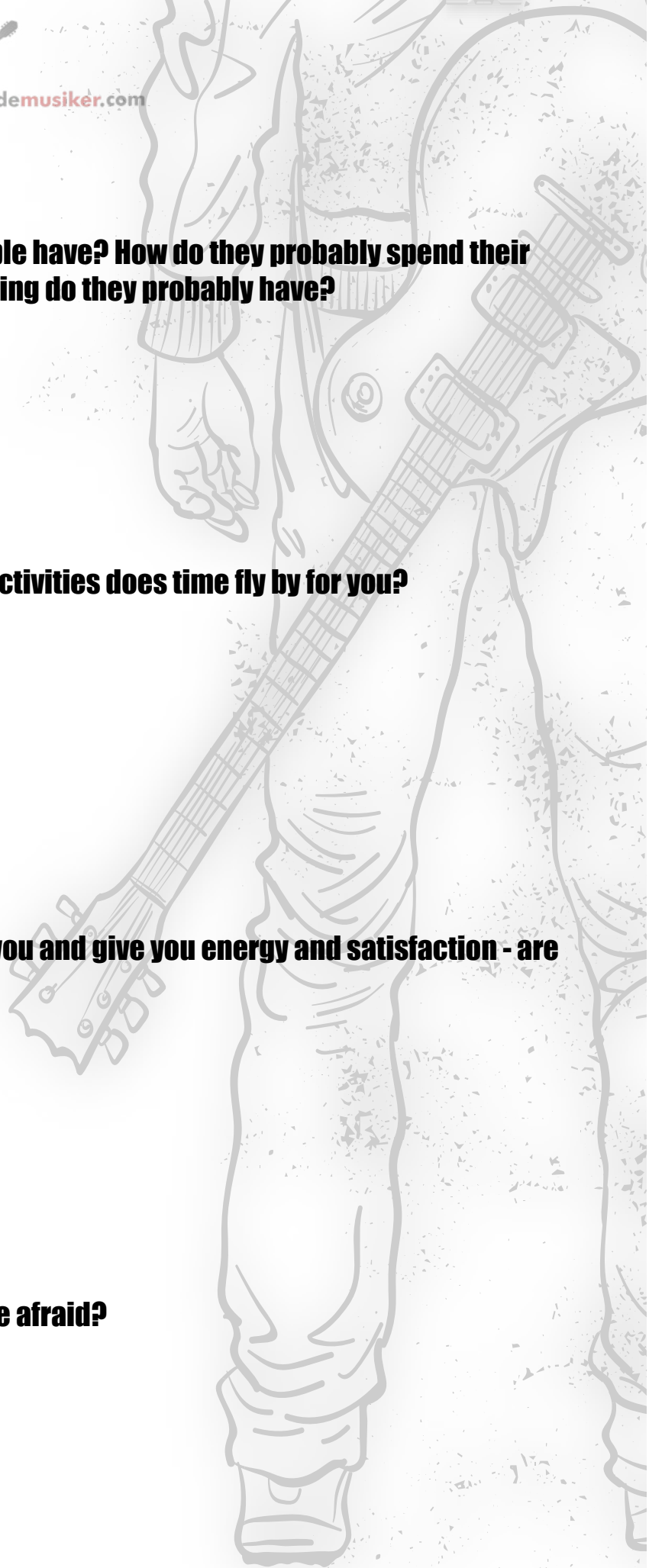
4. What people inspire you?

- **Why do they inspire you?**
- **Which habits do these people have? How do they probably spend their day? What kind of surrounding do they probably have?**

5. In which situations or during which activities does time fly by for you?

6. Which activities - that really inspire you and give you energy and satisfaction - are you neglecting right now?

7. What would you do, if you would not be afraid?



8. Which characteristics of friends, family members, students, colleagues and people of your social environment are important for you?

9. What are your strengths? If you cannot come up with something, ask yourself: what are you praised and appreciated for?

(Do not give up too early here. It can take a bit, till you come up with something. And don't forget: Strengths can be a lot of things that might even be natural for you, but not for everyone - as punctuality, being able to shop online, raise kids, know a lot about social media...)

10. When and in which situation do you feel good and comfortable? Write everything down that comes into your mind.

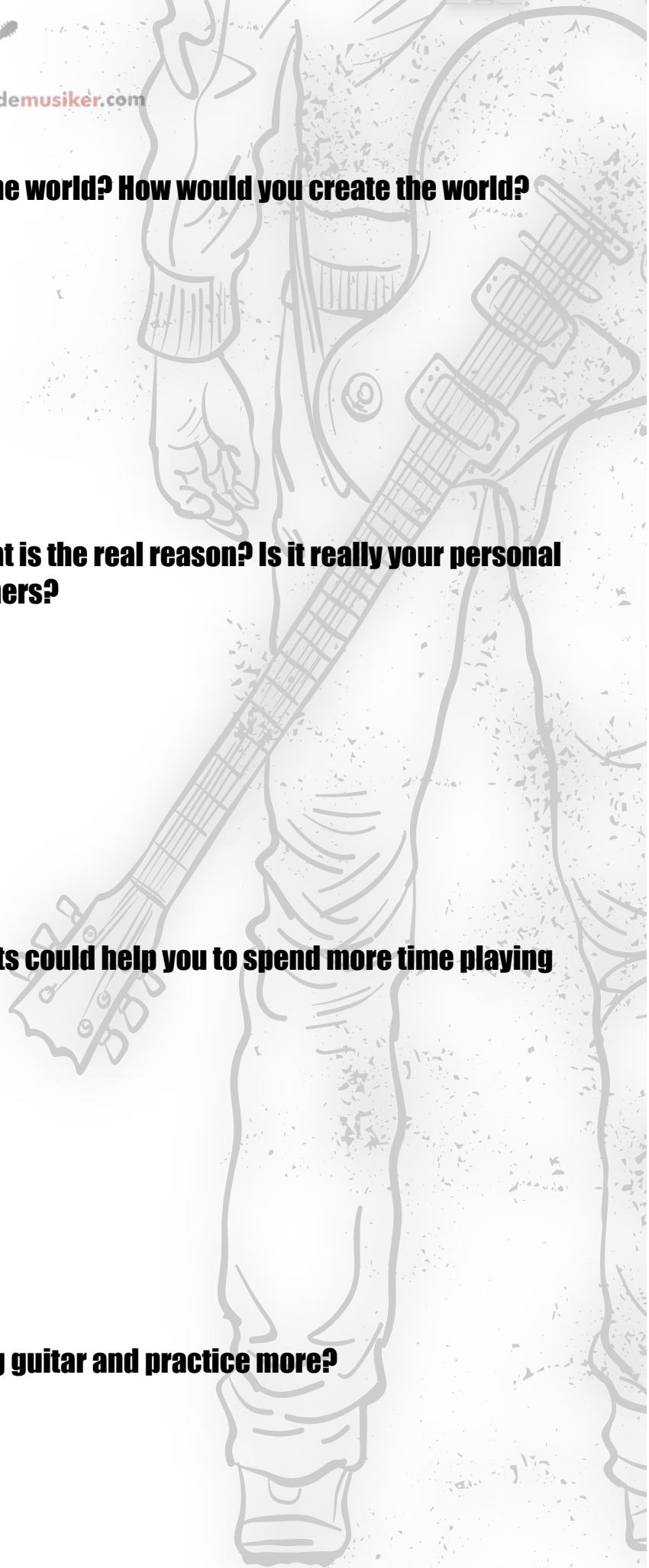


11. What is your dream imagination of the world? How would you create the world?

12. Why do you want to play guitar? What is the real reason? Is it really your personal desire? Or was it imposed on you by others?

13. Which changes regarding your habits could help you to spend more time playing guitar?

14. What could prevent you from playing guitar and practice more?



15. Now write down all ideas and solutions that come into your mind regarding the things that you put down for question 14 that would remove those things.

Analysis

Awesome! You did it!

Now let's come to your „analysis“. Go through your answers with a bit of a time lag (30 minutes, 1 day or 1 week). In the second round of reading your answers you should pay attention how often you used terms as play guitar, practice guitar, spend more time with your guitar etc.

Did you mention these terms a couple of times? Would you also play guitar, if you would know that you only had a couple of days to live (question 2)? Then your priority is definitely very high.

Did you also name guitarists and musicians when listing people that inspire you (question 4)? This is also an indication that playing guitar is a high priority for you. What can you really learn of these people? Which habits can you adopt? How can you learn more about these people's habits?

Was the wish to play guitar imposed on you by others (question 12)? This might be an indication that the priority is not very high. Did a lot of other things come into your mind when you had 20 million Euros - before playing guitar came up? This also indicates a lower priority.

Did the analysis help you to notice that you really want to play guitar and practice more, but you are still struggling with some issues regarding your motivation? Especially check out your answers to the questions 13,14 and 15. This should help you to eliminate these issues or obstacles.

As you notice you can learn something of all the questions and answers.

My recommendation is: Check your answers again in a couple of months. Of course your priorities might change.